



KIN KORA STATE SCHOOL NEWSLETTER



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Term 3 - Week 4 Tuesday 4 August 2015

OUR FOCUS: Attitude, Attendance, Achievement



From the Principal

Dear Parents/Guardians,

RESILIENCE BUILDING IN OUR CHILDREN

Over thirty years as an educator I am having increasingly more conversations with parents, children and colleagues about children's lack of confidence, lack of independence skills, lack of emotional regulation and learned helplessness. I am seeing more and more parents trying to fix their children's problems and prevent them from experiencing anything hard or difficult. "We have become a culture of trying to make sure our kids are comfortable. We as parents are trying to stay one step ahead of everything our kids are going to run into. Anxious parents try to protect their kids and shield them from worst-case scenarios. The problem? "Life doesn't work that way." (Lynn Lyons and Nixon, in *Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle and Raise Courageous and Independent Children*)

While adulthood is filled with serious responsibilities, childhood isn't exactly stress-free! Kids take tests, learn new information, get Cs instead of Bs on report cards, change schools, get sick or injured, get braces/glasses/pimples, encounter bullies or mean words, make new friends and occasionally get hurt by those friends, then experience loss, grief and let downs at home and at school.

What helps kids most in navigating these kinds of challenges? **RESILIENCE**. Resilient kids are problem solvers. They face unfamiliar or tough situations, acknowledge their feelings, think about options and strive to find good solutions. They give things a go, know how to ask for help and recognize that this time of struggle is not forever, but just one point in time. They develop skills in thinking, feeling and behaving from dealing with a negative experience to apply to situations next time. They are hopeful for their future. We can all develop resilience and we can help our children with resilience training, to develop the skills over time to handle the unexpected and the disappointing. Over the next couple of weeks I will share some useful tips, from various sources, for building resilient children:-

Whole School Attendance

Term 3 to date: **93.5%**

Yr	Sem. 1	Yr	Sem. 1
P	93.3%	4	94.0%
1	92.7%	5	93.1%
2	94.2%	6	96.7%
3	93.3%		

Congratulations to 6A for having 98.3% attendance for Week 3. Kin Kora's attendance goal is 95% for every year level.



Term 3 - Week 4:
Bazza says:
**BE RESPECTFUL
WALKWAYS**

Encourage your child to:

- Follow teacher directions.
- Use manners.
- Walk on concrete.
- Line up at correct time, place and quietly.

Don't accommodate every need - Whenever we try to constantly provide certainty and comfort, we are getting in the way of children being able to develop their own problem-solving and mastery. (Lyon acknowledges "Overprotecting kids only fuels their anxiety.") Be helpful but have children help themselves. Allow them to do things for themselves. Giving kids age-appropriate freedom helps them learn their own limits. The key is to allow appropriate risks and teach your kids essential skills to manage them.

Make connections - Talk to your child about the positive things that have happened in the day firstly, when they come home from school. Allow your child to bring up any negative things (without your prompting). Then assist them to determine choices and actions to improve the situation, being assertive and prepared when they go to school tomorrow.

Change the Focus

Teach your child how to focus on something besides what's worrying him/her. Be aware of what your child is exposed to that can be troubling: the news, the Internet or overheard adult conversations. As they ask questions give truthful answers, but avoid bombarding them with too much information at once. Take the lead from your child. Make sure your child takes a break from those things and/or avoids exposure to them. Positive distractions and some kid fun (like riding the scooter/ cooking together) are helpful.

Yours in Education

Mrs Leanne Burke

(Acting Principal for Justin Harrison)

Lamington & Pie Drive

Due to the outstanding efforts of students collecting orders for the lamington/pie drive, the supplier has been overwhelmed and will be splitting the delivery times. Prep - Yr 4 will still be on Friday 7 August and Yr 5 & 6 will be delivered on Friday 14 August. Sorry for any inconvenience. We would greatly appreciate the assistance of volunteers to help distribute orders to classrooms on both Fridays after 11am in the parade area.

School Disco

Our annual school disco is being held tonight. Prep to Year 2 will commence at 5pm - 6.30pm and Years 3 - 6 will begin at 7pm - 8.30pm. Entrance fee will be \$5 and there will be glow products, drinks, lollies and chips available to purchase on the night. We ask that students are dropped off and collected from the parade area and that they are collected on time. Only Kin Kora students may attend and senior students are not allowed to attend the junior disco and vice-versa.

Student Protection - React

Our students have been learning to **recognise** if they are safe or unsafe in the Daniel Morcombe *Child Safety Curriculum*. Our safety lessons will be focusing on the second safety message: **react**.

When children **recognise** that they are in an unsafe situation, we encourage them to think about what they could do to be safe again. They will have opportunities to think about ways to **react** using real-life scenarios. Our students will also learn that breaking the rules (e.g. saying no to an adult who is behaving inappropriately) is sometimes necessary so that they can become safe again.

Please take the time to talk with your children about what they have been learning about safety and, in particular, the ways they could **react** if they are unsafe to make themselves safe again. Talking with your child about ways to stay safe will help them to develop life-long safety skills.

Cybersmart Tips

Social networking

Stay involved in your child's use of new technology. Set up your own account and learn about privacy settings so you can understand how you can best protect your child. It can be fun for you too!

PREP 2016 Parent Information Evening

The Parent Information evening will be held in the Resource Centre at 6pm on Thursday 10 September. If you know of any families that may be enrolling their child in Prep for 2016, please let them know of this event. Parents may enrol their child for 2016 Prep at KK from now.

Botanic to Bridge

Curtis the Turtle (GPC) visited us today (see photo). The Botanic to Bridge is a fantastic event being held on Sunday 16 August which encourages families to embrace healthy and active lifestyles, and provides an opportunity to invest funds into our local schools and community. Over the past five years, Botanic to Bridge has contributed over \$125,000 to our regional schools, funding sport and recreation equipment and initiatives. Student participation ensures that funding is directed to our school, with all registration fees directed to the nominated school. Kin Kora has received over \$12 000 over the last 5yrs from this event. Students can register as individuals, in a team, or as part of a family registration. The registration fee for school aged children is \$10, whether entering as an individual or as part of a team. The entire \$10 registration fee for children is returned to the school. Parents can nominate their child's school to ensure \$5 from their adult registration is also returned to the school. Online registrations close on Wednesday night 12th August. www.botanictobridge.com.au

Woolworths Earn and Learn

For every \$10 you spend at Woolworths, you receive a sticker. The more you collect, the more Kin Kora State School can redeem. You can place your Woolworths Earn & Learn Sticker sheet in the Collection Box in the office or you can drop your sticker sheets into a Collection Box at your local Woolworths. Just look for the box with Kin Kora State School on it. In past promotions, we have redeemed approximately \$5000 worth of resources. So come on, let's get collecting!

Sports News

Congratulations Declan Corke who played in the State School Golf Championships in Cairns. Declan was the youngest player and came 15th in the Nett and 23rd in the Gross.

Music Notices - Maree Maitland

Congratulations to the following students who have been successful in securing a place in the Combined Band and Orchestra: Elijah Roby, Zanae Allen, Keira Gibson, Maddyson Graham, Jenna Petersen, Declan Baker, Daniel Benson, Lily Orgil.

A reminder to all Instrumental students that QLD Symphony Orchestra performance is on this Friday and will begin at the marina at 10am. We are all excited to hear the QSO perform music from the movies.

Eisteddfod dates for this year are:

Event	Date	Event	Date
Concert Band	Thu 3 Sept, morning	Yr 3 & 4 Choir	Tue 8 Sept, morning
Kin Kora Winds group	Thu 3 Sept, morning	Yr 5 & 6 Choir	Tue 8 Sept, morning
String Orchestra	Thu 3 Sept, afternoon	Yr 4 Verse Speaking group 4E	Tue 15 Sept, morning
Yr 1,2 & Prep Choir	Tue 8 Sept, morning		

Please mark these dates on your calendar. All notes will be handed out within the coming weeks.

Payments Due

Event	Amount	Due	Event	Amount	Due
Yr 6 Camp	\$450	16 Oct			

We urge parents of Year 6 students to continue to make regular part payments for school camp.

Enrolments for 2016

Our enrolments for 2016 are now open. Families that live within and outside our catchment area are invited to enrol for 2016. Our Enrolment Management Plan is still in place so those families outside of our catchment area will be placed on a waiting list and advised if they have been accepted in Term 4. Please contact the office if you require additional information.

Tuckshop

Please go to www.flexischools.com.au to order your child's tuckshop requirements. Drop in and see Sam or email her on kinkorasstuckshop@yahoo.com.au if you need assistance with this process. All volunteers are MOST welcome to join our team of tuckshop ladies.

Medical Issues

If your child has an Epipen, Asthma, or any other medical condition Action Plan, please ensure school has an updated version for the beginning of 2015. All children taking any medication also need to renew medication forms annually. Forms are to be filled in and handed in to the office prior to starting school. ALL medications are administered through the school office.

P&C News

The Fathers Day Stall is coming up on Friday 4 September and notes will be sent out in the next few weeks.

The next P&C Meeting is being held on Wednesday 19 August at 6pm in the Resource Centre. We would love for parents to come along. At the moment some positions are still not filled. "Many hands make light work."

SCHOOL CALENDAR			
Wed 5 Aug	Show Holiday	Fri 18 Sep	LAST DAY TERM 3
Fri 7 Aug	QLD Symphony Orchestra Concert	Mon 5 Oct	Labor Day
Tue 11 Aug	ICAS Maths	Tues 6 Oct	FIRST DAY TERM 4
Wed 12 Aug	GYMC Meeting 7pm KK McDonalds	Mon 19 Oct	Student Free Day
17, 18 & 19 Aug	Full School Review	Mon 2 Nov	Year 6 Camp begins
Wed 19 Aug	P&C Meeting 6pm	Fri 6 Nov	Year 6 Camp returns
Fri 4 Sep	Fathers Day Stall	Wed 2 Dec	Volunteers Afternoon Tea
Thu 10 Sep	Prep Information Evening	Wed 9 Dec	Yr 6 Graduation

National Consistent Collection of Data - Students with Disabilities

Every school in Australia has been asked to collect and download data on the 7 August regarding students that meet the characteristics of disability as per the following very broad definition.

DDA (Disability Discrimination Act 1992) defines disability as any of the following:-

- Total or partial loss of person's bodily or mental functions
- Total or partial loss of a part of body
- The presence in the body of organisms causing disease or illness
- The malfunction, malformation or disfigurement of a part of the person's body
- A disorder or malfunction that results in a person learning differently from a person without the disorder or malfunction
- A disorder, illness or disease that affects a person's thought processes, perception of reality, emotions or judgement or that results in disturbed behaviour

And includes a disability that:

- Presently exists; or
- Previously existed but no longer exists; or
- May exist in the future (including because of genetic disposition to that disability); or
- Is imputed to a person

The information gathered in the National Data Collection will help determine supports provided to education systems in the future around location facilities, staffing, resourcing and funding and/or grants.

If you have any questions in regards to the data collection, please contact the Head of Special Education Services, Kirby Polglase for more information.

Kirby Polglase
A/Head of Special Education Services

Picture Products

Prep is once again organising Picture products. They are a unique way to preserve and remember this time in your child's life. These items make wonderful Christmas presents for Grandparents or treasured mementos to keep. Orders must be received at the office by Monday 10th August. Please include payment with the order.

Product	Quantity	Cost per item	Total Cost
Pictureplate		\$29	
Pictureclock		\$33	
Picturemug -ceramic		\$25	
Picturemug -plastic		\$25	
Mousepad		\$24	
Grand Total			

Please see Liz at Prep A (49715131) for further information.

Bazza Awards



Nude Food



CQ Regional Shield



Sporting Awards



Pirate Pete



Curtis the Turtle

