OUR FOCUS: Attitude, Attendance, Achievement

From the Principal

Dear Parents/Guardians,

Sports Day
We were blessed with near perfect weather last week for our annual sports day. Our P-2 students certainly impressed with their mastery of all skills and their tremendous behaviour, manners and participation throughout the day. We were so proud of our KK Kids! Thanks to you, our parents, for providing amazing support on the day and for your positive and cooperative approach.

Years 3-6 had their turn on Friday. They too, showed excellent skill and sportsmanship throughout. A huge congratulations to our Sports Captains, Anna Price, Ryley Bobart (Illawarra), Gikayla Jarrow, Tahere Keepa-Tamati (Hibiscus), Brodie Hunt, T’Lia Sirriss (Lotus). Along with our School Captains and Prefects, they worked tirelessly on both days and were particularly supportive of our younger students.

I would like to take this opportunity to thank our P&C, tuckshop ladies, all staff, the parents and children who volunteered their time and assistance. We cannot run these days without you. Last, but not least, congratulations to Mr Peters on two very well organised and enjoyable events.

A number of records were broken this year. A special congratulations goes to Brady Blake, who broke the 800m record for boys born in 2006, Peyton Craig, who broke the 800m record for boys born in 2005, and Adam Dwyer, who broke the high jump record for boys born in 2003.

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<table>
<thead>
<tr>
<th>Champions</th>
<th>Lower School</th>
<th>Upper School</th>
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<tbody>
<tr>
<td>Hibiscus</td>
<td>Illawarra</td>
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<table>
<thead>
<tr>
<th>House Spirit</th>
<th>Illawarra</th>
<th>Lotus</th>
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<table>
<thead>
<tr>
<th>March Past</th>
<th>Lotus</th>
<th>Hibiscus</th>
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<table>
<thead>
<tr>
<th>Age Champions</th>
<th>Lower School</th>
<th>Upper School</th>
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<tbody>
<tr>
<td>10 years</td>
<td>Jasmine Christie</td>
<td>Jack Alexander</td>
</tr>
<tr>
<td>11 years</td>
<td>Emily Cannon</td>
<td>Logan Slade</td>
</tr>
<tr>
<td>12 years</td>
<td>Ally Bryce</td>
<td>Adam Dwyer</td>
</tr>
</tbody>
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Overall Champions: Illawarra

A number of records were broken this year. A special congratulations goes to Brady Blake, who broke the 800m record for boys born in 2006, Peyton Craig, who broke the 800m record for boys born in 2005, and Adam Dwyer, who broke the high jump record for boys born in 2003.

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Whole School Attendance
Term 2 to Date: 93.2%

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<tr>
<th>Yr</th>
<th>Term 2 to date</th>
<th>Yr</th>
<th>Term 2 to date</th>
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<tr>
<td>P</td>
<td>92.2%</td>
<td>4</td>
<td>93.6%</td>
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<tr>
<td>3</td>
<td>93.1%</td>
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Congratulations to 1C for achieving 99% attendance in Week 8.

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Term 2 - Week 9:

BE A LEARNER
LEARNING SETTINGS

Encourage your child to:
• Be an active learner and participate.
Toolooa State High School Information Session

Toolooa SHS invites all interested members of the local community to attend our annual Junior Secondary Information Session.

When: Tuesday 23 June - 6PM Start
Where: Toolooa SHS Library

Why Attend this Session?

- You have a child entering year 7 in 2016
- You would like more information about our school and years 7, 8 and 9
- You have heard about our school's amazing transformation in recent years and want to know how we have achieved this
- Gain an insight into our high performing academic culture
- Hear about how we are building on our recent successes

For further information please contact Toolooa State High School on 4971 4333, visit their website at www.toolooashs.eq.edu.au or like them on FACEBOOK.

Brainstorm Production

Last Thursday, the Brainstorm Production crew entertained us with "Sticks and Stones". The one hour show was highly engaging and interactive teaching us about getting along, not fighting even when we are told to and some strategies to keep calm and make a difference. The key messages were learnt through role plays and songs, which were: Don’t be a bully...Stop, think, breathe and walk away. Don’t be a target. Speak up, tell someone and stand tall. Ask your child what they learnt and reinforce these great strategies with them.

School Opinion Survey

The annual School Opinion Survey will be conducted between 29 June and 31 July 2015. All families, school staff and a random sample of students will be invited to participate. We encourage you to take this opportunity to have your say about what this school does well, and how this school can improve. More information about the surveys will be provided closer to the opening date.

EXODUS Graduates

We congratulate the following students who graduated from the EXODUS Tutorial Centre on Friday - Tameka Cowen, Erica Williams, Annekah Schuh, Amber Wilson, Tamzyn King, Baden Bidgood, Kyan Farquharson and Brodie Williams-Paul. I was extremely proud listening to their speeches and also hearing of their enormous gains. A fantastic effort by all of these students.

PREP 2016

PREP enrolments for 2016 are now open. Please either collect an enrolment form from our office or go to our website, www.kinkorass.eq.edu.au, to download enrolment forms. The PREP information evening will be held on Thursday 10 September from 6pm - 7pm in the Resource Centre.

If you live outside our catchment area, you may still apply and your name will go on our waiting list. All families on our waiting list will be notified by October this year. It is advisable for these families to attend the PREP Information evening in September.

Orientation days will be held in November. On this day, you will find out which class your child is in for 2015 and have the opportunity to spend the morning in that classroom and in most cases, with your child's 2015 teacher. You will also find out which Sports House your child will belong to. House colour hats may be purchased from the Kin Kora office on Orientation days for a cost of $10. The hats are black on the outside and have your child's house colour on the reverse side.

Report Cards

Report cards will be issued next Thursday 25 June. If you wish to discuss your child's report, please make an appointment directly with your child's teacher.
School Cleaners' Day
I would like to take this opportunity to thank all of the hardworking cleaners for the role they play in maintaining a safe, clean and healthy environment in our schools. Please join me in celebrating the contributions of our cleaners this School Cleaners' Day, Monday 15 June.

News from the Library
A huge thank you to all students, parents and staff for your tremendous support of our annual Book Fair. We are very pleased to have sold over $9000 worth of books. This is a record amount and has raised much-needed funds for new resources for our Library. Thank you again!

Gladstone City Athletics
The Gladstone City Athletics Carnival will be held THIS Friday at the Gladstone TAFE oval starting at 9am and finishing at approximately 2.30pm. All chosen students have received information packages. Parents are reminded that transport is to be provided by parents and all medical forms must be completed to enable participation. We wish these athletes all the very best.

NAIDOC Week
Next week, we will hold our annual NAIDOC celebrations at Kin Kora. Our coordinator, Mrs Donohoe, has worked alongside class teachers to ensure students are involved in a range of activities. Our younger students will be combining their Under 8's Week and NAIDOC activities with the help of our Year 6 leaders.

Cybersmart Tips
Offensive or Illegal Content
Reassure your child that access to the internet will not be denied if they report seeing inappropriate content to you.

Keep a watch on our school these holidays
With the holidays fast approaching, we need you to look out for after-hours crime in our school. If you see something suspicious, please don’t attempt to intervene. Call School Watch on 13 17 88 and let the local police or State Government Protective Security Service deal with the matter.

The School Watch program is a partnership between the Department of Education and Training, the Queensland Police Service and the State Government Protective Security Service. It aims to reduce vandalism, theft and arson in Queensland schools.

Keep the number handy and let’s work together to help create a safer school community.

Yours in Education
Justin Harrison
Principal

Enrolments for 2016
Our enrolments for 2016 are now open. Families that live within and outside our catchment area are invited to enrol for 2016. Our Enrolment Management Plan is still in place so those families outside of our catchment area will be placed on a waiting list and advised if they have been accepted in Term 4. Please contact the office if you require additional information.

Medical Issues
If your child has an Epipen, Asthma, or any other medical condition Action Plan, please ensure school has an updated version for the beginning of 2015. All children taking any medication also need to renew medication forms annually. Forms are to be filled in and handed in to the office prior to starting school.
Learning to manage feelings

Children's feelings are often intense. They can be quickly taken over by feelings of excitement, frustration, fear or joy. When feelings take over children's behaviour, they can find it difficult to manage without adult support. This is why learning how to recognise and manage feelings is a very important part of children's social and emotional development. Understanding that all sorts of feelings are normal, that they can be named, and that there are ways of handling them are the first things children need to learn about feelings. Understanding that feelings affect behaviour, and being able to recognise how this happens are important steps for learning to manage feelings.

How parents and carers can help children manage feelings

1 Notice feelings
Before we can learn how to control feelings, we first have to notice them. You can help your children notice feelings by noticing them yourself and giving them labels: happy, sad, excited, frustrated, angry, embarrassed, surprised, etcetera. Giving feelings names helps to make them more manageable for children. Learning to pay attention to how they are feeling helps children understand that all feelings are okay and that they can have emotions without being controlled by them.

2 Talk about everyday feelings
Talking with children about what it's like when you're angry, sad, nervous or excited helps them find ways to express feelings without having to act them out through negative behaviours. Children learn these skills best when they hear adults and peers using words to express feelings and when they are encouraged to use words like this too. Learning to name feelings helps children find ways to express them without having to act them out.

3 Create space for talking about difficult feelings
Although all feelings are okay, some feelings can be more difficult to cope with than others. Help children to separate a feeling from a difficult reaction by helping them name it. Being able to say or think, "I am feeling angry," means that children don't have to act really angry before anyone takes notice. It allows them to choose how they will respond. The same idea works with other difficult feelings like nervousness or fear.

Learning to cope with feelings helps children manage their behaviour at school and at home. It helps them learn better, relate to others better and feel better about themselves.

Things to remember:
- Learning skills for managing feelings takes practice.
- Noticing and naming feelings comes first.
- Talking about everyday feelings in normal conversations makes it easier when the difficult feelings come up.
- Talking about difficult feelings is usually best tried after the feelings have calmed down a bit, and when children, parents and carers are feeling relaxed.

Things to try at home:
- Use feeling words when you talk with children about everyday situations (eg "You scored a goal! How exciting was that!") or "It's pretty disappointing that Kati can't play with you today").
- Invite children to describe their own feelings (eg "I'm feeling pretty nervous about going to the dentist. How about you?" or "How did you feel when?").

This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at www.kidsmatter.edu.au

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Rosemarie Jensen
Guidance Officer

Change of details

For parents wishing to update their address or contact details, there is a new form available on our website for you to complete and return. It is important that the school has up to date information for each of our students.
Email address
Parents who wish to email details of their children’s absences or who have a general enquiry can email admin@kinkorass.eq.edu.au

Payments Due

<table>
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<tr>
<th>Event</th>
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<th>Due</th>
<th>Event</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Year 6 School Camp Deposit</td>
<td>$50</td>
<td>26 Jun</td>
<td>Andy Griffiths w/shop (Yr 4 &amp; Yr 5 selected students)</td>
<td>$5</td>
<td>18 Jun</td>
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Tuckshop
Please go to www.flexischools.com.au to order your child’s tuckshop requirements. Drop in and see Sam or email her on kinkorassstuckshop@yahoo.com.au if you need assistance with this process. All volunteers are MOST welcome to join our team of tuckshop ladies.

Exodus
Lower School Sports Day
Upper School Sports Day